

# WORSHIP NOTES

## REMEMBER, REPENT, & RENEW

### FROM WHERE DOES MY HELP COME?

#### Psalm 121:1-8

*I look up to the mountains—does my help come from there?*

*My help comes from the LORD, who made heaven and earth!*

*He will not let you stumble; the one who watches over you will not slumber.*

*Indeed, he who watches over Israel never slumbers or sleeps.*

*The LORD himself watches over you!*

*The LORD stands beside you as your protective shade. The sun will not harm you by day, nor the moon at night.*

*The LORD keeps you from all harm and watches over your life.*

*The LORD keeps watch over you as you come and go, both now and forever.*

#### I. LENTEN JOURNEY – WEEK 3

#### II. REALITY CAN BE DIFFICULT

##### A. FACING THE HUMAN REALITY

##### B. FACING THE REALITY OF LIFE IN THE WORLD

##### C. THE BELIEVER'S RESPONSE

#### III. THE ANSWER

##### A. WHO DOES THE ANSWERING?

##### B. HOW DO WE EXPERIENCE THE ANSWER?

##### C. WHOM DO YOU CRY OUT TO AND WHAT HAS BEEN THE ANSWER?