

DAILY BIBLE STUDY SHEET

Daily meditation on the Word of God is imperative to our growth. As the people of God, we should commit to reading Scripture every day. There are questions to help prompt your meditation. If you do not have a Bible, please contact the church office and one will be given to you. To locate the passages, use the Table of Contents to find the page number of the book. The number before the colon will tell you the chapter to find. The numbers after the colon are the superscript numbers in your Bible indicating the verses to read.

Monday, Nov. 25th – Psalm 13:1-2; 16:9-11; 19:7-8; 77:1-6; 84:1-2

This week we will study what the Bible says about the soul and the spirit. As we discussed yesterday, understanding this is necessary in that it will allow Jesus to be Lord of our lives. The Psalms have much to teach us in this regard. What do we learn about the soul in passages in Psalms 13 and 77? Remembering the soul is mind, emotion and will, how do these verses describe what is happening to the author? Now read the passages from Psalms 16, 19 and 84. In Psalm 16, what does the Psalmist say about the soul? What will the Psalmist receive instead? As you read verse 19, how does this point to our minds being part of our soul and will? How does this point to the fact that our souls (mind, emotions and will) may not always be correct and should not be trusted? As we close with Psalm 84, what satisfies the soul to the point of shouting joyfully to the living God? To enter the dwelling place – the courts of the Lord, is to be in the presence of the Lord – the Spirit of life. How do these verses help you to understand what the role of our soul is in relationship to God?

Tuesday, Nov. 26th – Proverbs 3:21-26 and 22:24-25

Today we turn to what Proverbs has to say about your soul and what is good or bad for it. As we start with Proverbs 3, what will refresh one's soul (vs. 21)? How valuable are these two things to your soul (vs. 22b)? What practical description are given as to the refreshment your soul will receive (vss. 23-26)? If your soul is at odds with your spirit, do you think your soul will be refreshed? Moving to Proverbs 22, we are taught one thing that will endanger our souls. What is the warning (vs. 24)? Why are these people a problem and danger to our souls (vs. 25)? Have you ever considered these blessings and warnings when asked, "How is it with your soul today?" Are you being refreshed by the spirit or endangering your soul with those whom you befriend? Ponder today, how is your soul? Is it being submissive to the Holy Spirit? Are you using common sense and discernment as to where God is meeting you? Are you waiting on God or rushing off in the wrong direction?

Wednesday, Nov. 27th – Matthew 10:28-31; 16:24-27; and 26:37-38

Today we look at what Jesus has to say about the soul. We have three different texts to look at today. In Matthew 10, what is Jesus telling the people? The use of the word "soul" in this text is actually the "psyche." What does this tell you about this? In heaven we will be us – body/soul/spirit. They do not get separated or it would not be us. And only God has the power to destroy all of us. Now let's look at Matthew 16. What does Jesus call us to do and what is at risk if we don't? Again, the word soul is the psyche of a person as well as the word, life. So, if we mess up our lives/souls that are given to us by God, and we lose it chasing the wrong things, what can you offer to get it back? Do you see the seriousness of the problem of idols/sin/willfulness against the Holy Spirit? Our last text is in Matthew 26. What is happening here (read a bit before and after to set the groundwork)? In verse 38, Jesus speaks of his soul being sorrowful, which means grieved to the point of death! That is a pretty heavy burden. This is a very human experience and the weight of the burden was so grievous that it was like death to Jesus. Imagine the fear Jesus must have felt for what He knew was coming. This is why Jesus understands our struggles and burdens and the heavy weights our souls feel. He has experienced it. This also points to the humanity in Jesus. And yet, in the wrestling between the psyche and Spirit, Jesus yields to the Spirit and obeys the Father. Spend time today checking to see if your soul is being submissive to the Spirit. Are you asking for what you want, but agreeing to do God's will, whatever that may be?

Thursday, Nov. 28th – 1 Thessalonians 5:19-24 – Happy Thanksgiving!

First off, Happy Thanksgiving! May you and your family be blessed. We talked on Sunday that a person who is whole is body/soul/spirit. You cannot have one without the other and be a person. As you read today's text, how? As you read verse 19, what are we not to do with the Spirit? What else are we not to do (vss. 20-22)? Why would Paul say this and what impact might it have on our spirit, soul and body? What is Paul's prayer for the Thessalonians [and us!] (vss. 23-24)? Did you notice that Paul calls for God to make the spirit, soul and body holy – complete – sanctified? That would be the pneuma, the psyche and the body together as we are only whole with all three. Consider how 19-22 opens us up for 23-24? What might your soul and body and spirit need to test and to walk away from today, so that God's work can be completed in you? Consider whom you will be with today.

Friday, Nov. 29th – Romans 12:1-2

We close today with Paul's instructions to the Romans on what makes us different from the world. What are we to offer to God (vs. 1)? How are they to be offered? What does that mean in everyday life? What we do with our bodies matters. Do we keep them healthy by what we eat and exercise and do we use them to serve God? Do we set them apart for God's service and use only? Or is there still a part of us that thinks that they are our bodies and we can do what we want with them? One way this change of giving our bodies over as a holy living sacrifice is found in verse 2. What are we to do there? The mind in this passage is our intellect, feelings, and will. What they decide will also then decide what our bodies will do. This means that we are to tune our minds (intellect, emotions and will) to the will of God. And since the mind is part of our soul and the spirit within us, in doing so, God will do the transforming within us, when we intentionally seek His will over our own. Imagine the joy and peace from living in the Father's good, acceptable and perfect will. May your body, soul and the Spirit dwelling within you bring you into perfect submission to the will of God.

Saturday, Nov. 30th – To prepare for tomorrow's worship, please read Isaiah 7:13-14.